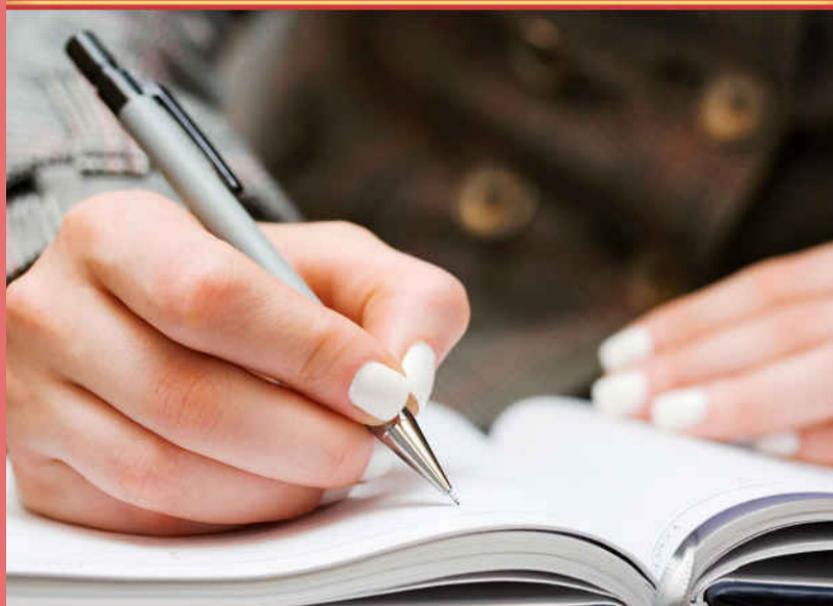


I AM A WOMAN.
I AM A TREASURE!

NOTES TO *Self*

FOR THE JOURNEY AHEAD



Damola Treasure Okenla

I AM A WOMAN. I AM A TREASURE!

NOTES TO SELF

FOR THE JOURNEY AHEAD

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Designed by Damola Treasure Okenla

Published By:



FROM:

.....

TO:

.....

**I AM A WOMAN. I AM A TREASURE! NOTES TO SELF
For The Journey Ahead**

Life may have stolen stuff from you, including your dignity and reputation, but the power for recovery and restoration lies within you. And nobody can take that from you.

There is the power of life and death upon the tongue; that is why you need to talk positively to yourself. Apart from talking to God and listening to Him, you must learn to speak and listen to yourself,

" Your words are so powerful that you will kill or give life."(Proverbs 18:21)

God is not limited by what appears limiting. God can move beyond your limitations to get you to your destination.

Start to #DECLAREIT!

#DECLAREIT 1

I AM A WOMAN. I AM A TREASURE!

I am awesomely crafted and created for a unique purpose.



I thank you, God, for making me so mysteriously complex! Everything you do is marvelously breathtaking. It simply amazes me to think about it! How thoroughly you know me, Lord!

--Psalm 139:14

#DECLAREIT 2

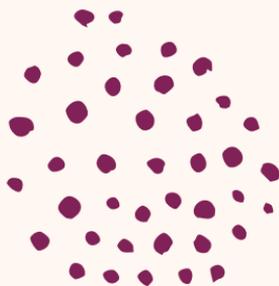
I AM A WOMAN. I AM A TREASURE!

God is my STRONG TOWER and my STRENGTH in my weakness. I am strengthened so that I may please Him and live my life before Him in His life-giving light.



**The Lord is my revelation-light to guide me along the way;
[b]he's the source of my salvation to defend me every day.I fear
no one! I'll never turn back and run from you, Lord:surround and
protect me.2 When evil ones come to destroy me,they will be
the ones who turn back.**

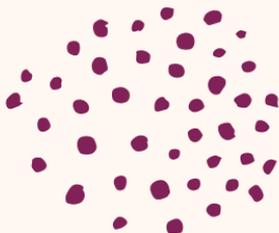
__Psalm 27:1



“

Life can only be
understood
backwards; but it
must be lived
forwards

SOREN KIERKEGAARD



#DECLAREIT 3

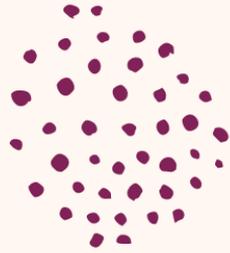
I AM A WOMAN. I AM A TREASURE!

Now I can say to myself: "relax and rest, be confident and serene, for the LORD rewards fully those who simply trust in Him and I have placed all my hope and trust in Him."



"But blessed are those who trust in the Lord and have made the Lord their hope and confidence.

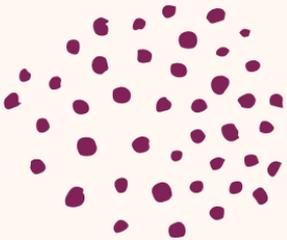
-- Jeremiah 17:7

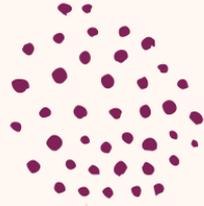


“

The future belongs
to those who
believe in the
beauty of their
dreams.

ELEANOR ROOSEVELT





“

Acceptance
says, True, this is
my situation at the
moment. I'll look
unblinkingly at the
reality of it . But I
will also open my
hands to accept
willingly whatever
a loving Father
sends me.

CATHERINE MARSHALL



#DECLAREIT 4

I AM WOMAN. I AM A TREASURE!

I'm not useless but worthy, and I have something valuable to contribute to the society, regardless of my past mistakes .



For the lovers of God may suffer adversity and stumble seven times, but they will continue to rise over and over again.

__Proverbs 24:16

#DECLAREIT 5

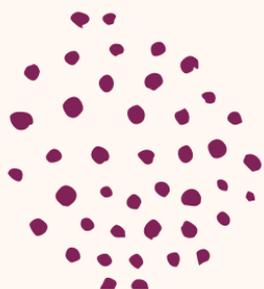
I AM WOMAN. I AM A TREASURE!

I love and admire other women without forgetting my unique style and walking in it. I have learned to live in my own style.



Let everyone be devoted to fulfill the work God has given them to do with excellence, and their joy will be in doing what's right and being themselves, and not in being affirmed by others.

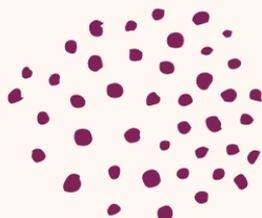
-- Galatians 6:4



“

Never be afraid to
trust an unknown
future to an
unknown God.

CORRIE TEN BOOM



#DECLAREIT 6

I AM WOMAN.I AM A TREASURE!

**I am on the journey of discovery- my authentic self
and what I am capable of doing. I am going to own it
and walk in it.**



**We have become his poetry, a re-created people that will fulfill the
destiny he has given each of us, for we are joined to Jesus, the
Anointed One. Even before we were born, God planned in advance our
destiny and the good works we would do to fulfill it!**

__ Ephesians 2:10

#DECLAREIT 7

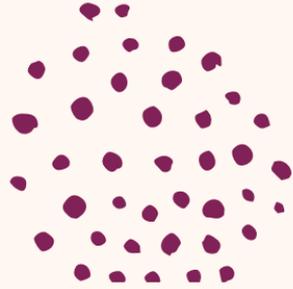
I AM WOMAN. I AM A TREASURE!

I have my unique style, original and not a copy of anyone. I know who God says I am; no identity crisis or confusion.



But when He, Who had chosen and set me apart [even] before I was born and had called me by His grace (His undeserved favor and blessing), saw fit and was pleased.

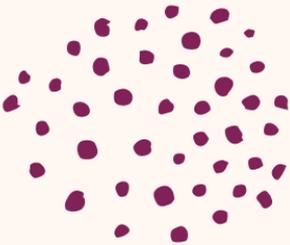
-- Galatians 1:15



“

In order to be
irreplaceable one
always be
different.

COCO CHANEL



#DECLAREIT 8

I AM WOMAN. I AM A TREASURE!

I don't deny the fact that my life had been messy, but the truth is that my ugly past cannot keep me from my glorious future.



But the Lord says, "Do not cling to events of the past or dwell on what happened long ago. Watch for the new thing I am going to do. It is happening already—you can see it now!! will make a road through the wilderness and give you streams of water there.

-- Isaiah 43:18 -19

#DECLAREIT 9

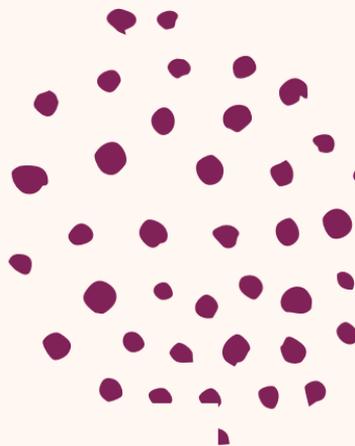
I AM A WOMAN. I AM A TREASURE!

**I have the confidence to go after what
is rightfully mine. I shall indeed
pursue, overtake, and recover all!**



**And David inquired of the Lord, saying, Shall I pursue
this troop? Shall I overtake them? The Lord answered
him, Pursue, for you shall surely overtake them and
without fail recover all.**

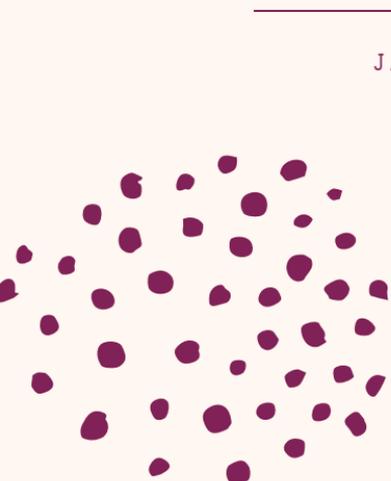
-- 1 Samuel 30:8



“

The most incredible
beauty and the
most satisfying
way of life come
from affirming
your own
uniqueness.

JANE FONDA



#DECLAREIT 10

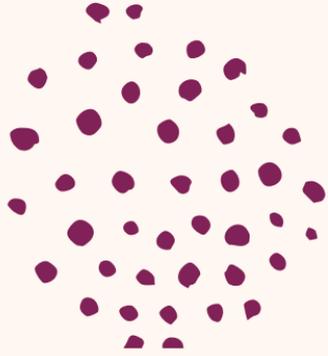
I AM WOMAN. I AM A TREASURE!

I am gracefully endowed to pursue much more than the life of a victim, divorcee, lonely single, or any label at all. I refuse to play the victim; I reject the victim mentality.



Yet amid all these things we are more than conquerors [a]nd gain a surpassing victory through Him Who loved us.

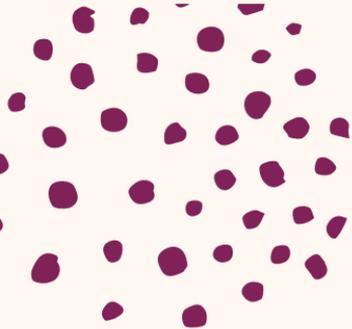
-- Romans 8:37



“

Always be a first-
rate version of
yourself, instead of
a second-rate
version of
somebody else.

JUDY GARLAND



#DECLAREIT 11

I AM A WOMAN. I AM A TREASURE!

**Neither my predicament or my blunders
have the power to stop me; I'm getting up
and moving forward because destiny is
waiting for me.**



**Weapons made to attack you won't be successful; words
spoken against you won't hurt at all.**

-- Isaiah 54:17

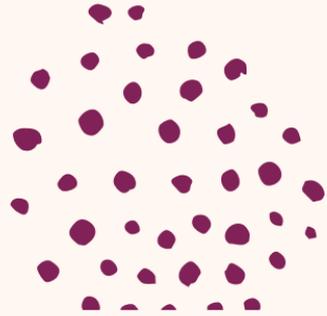
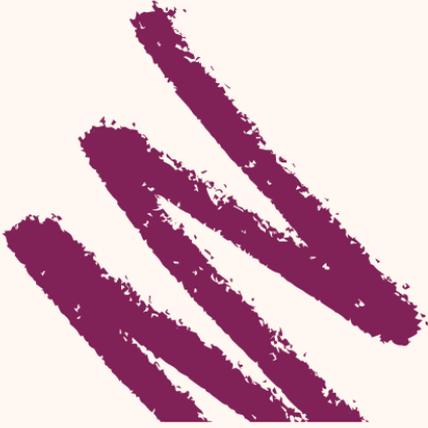
#DECLAREIT 12

I AM A WOMAN. I AM TREASURE!

I'm wired to impact my generation. My ugly past does not render me useless, but empowered and equipped me for the future, not just for me, but for many yet unborn.

“Now when David had served God’s purpose in his own generation, he fell asleep; he was buried with his ancestors and his body decayed.

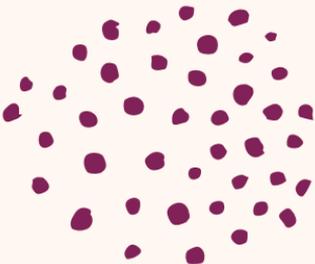
__Acts 13:36



“

I have never felt
more confident in
myself, more clear
on who I am as a
woman.

MICHELLE OBAMA



#DECLAREIT 13

I AM A WOMAN .I AM A TREASURE!

Honestly, I have had bad experiences. I have gone through rough times. I may have been mistreated, but one thing is sure; putting all together, something beautiful is happening out of it all.



So we are convinced that every detail of our lives is continually woven together to fit into God's perfect plan of bringing good into our lives, for we are his lovers who have been called to fulfill his designed purpose.

__Romans 8:28

#DECLAREIT 14

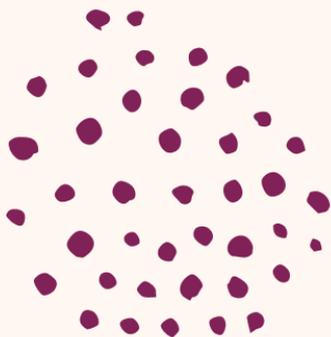
I AM A WOMAN. I AM A TREASURE!

What anyone thinks about me, don't matter anymore. All things, I say, all things are working out for my good. All of the disappointment, rejection, failure, mistakes, and the shame I went through are working together to bring beauty out of the ashes.



So we are convinced that every detail of our lives is continually woven together to fit into God's perfect plan of bringing good into our lives, for we are his lovers who have been called to fulfill his designed purpose.

__Romans 8:28



“

Hope is favorable
and confident
expectation; it's an
expectant attitude
that something
good is going to
happen and things
will work out, no
matter what
situation we are
facing

JOYCE MEYER



#DECLAREIT 15

I AM A WOMAN. I AM A TREASURE!

I don't have a choice but to be bold and brave to pursue my purpose. My destiny and the destinies of many are at stake.



I've commanded you to be strong and brave. Don't ever be afraid or discouraged! I am the Lord your God, and I will be there to help you wherever you go.

-- JOSHUA 1:9

#DECLAREIT 16

I AM A WOMAN. I AM A TREASURE!

My story may not be the one to boast about, but I'm not going to allow anyone, no matter who, to ridicule me.



So now the case is closed. There remains no accusing voice of condemnation against those who are joined in life-union with Jesus, the Anointed One.

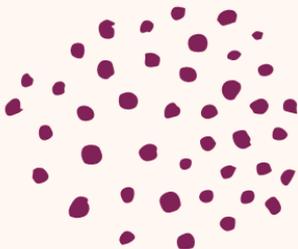
__ Romans 8:1

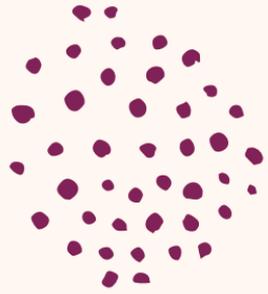


“

Character cannot
be developed in
ease and quiet.
Only through
experience of trial
and suffering can
the soul be
strengthened,
ambition inspired,
and success
achieved ,

HELEN KELLER

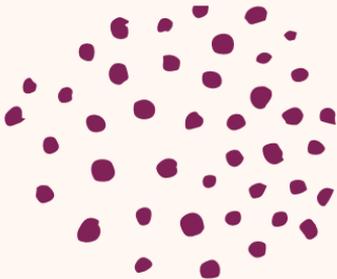




“

You cannot stay where you are and go with God. You cannot continue doing your way and accomplish God's purposes in His ways. Your thinking cannot come close to God's thoughts. For you to do the will of God, you must adjust your life to Him, His purposes, and His ways.

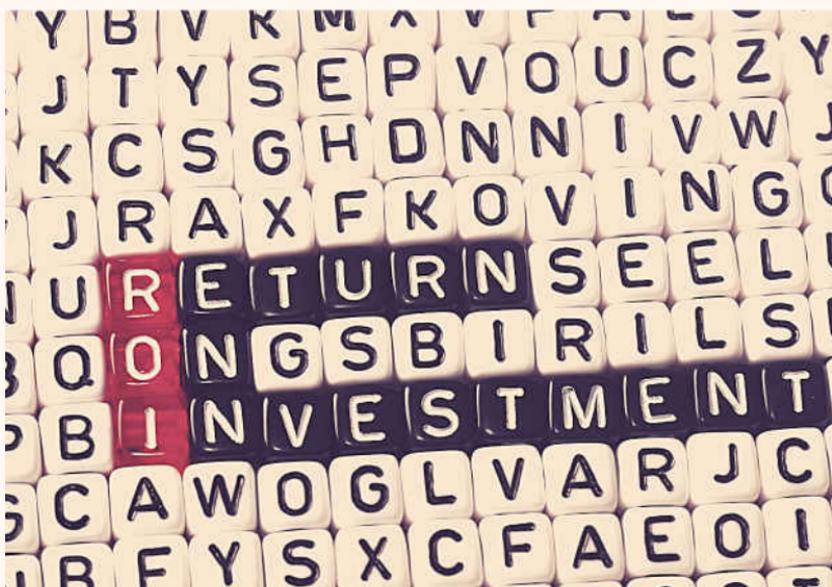
HENRY BLACKBABY



#DECLAREIT 17

I AM WOMAN. I AM A TREASURE!

I am on the journey of fulfillment of destiny; I understand that I have to invest in my future, and I'm not playing around.



“I am your Creator, and before you were born, I chose you to speak for me to the nations.”

↔Jeremiah 1:5

#DECLAREIT 18

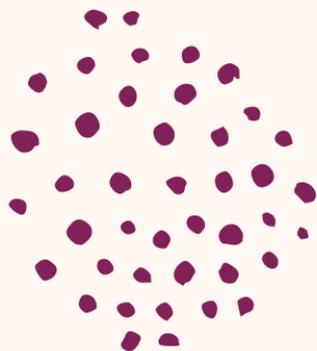
I AM A WOMAN. I AM A TREASURE

My source of ridicule is turning to a stepping ladder of a miracle. I am expecting a significant restoration.



Instead of shame and dishonor, you will enjoy a double share of honor. You will possess a double portion of prosperity in your land, and everlasting joy will be yours.

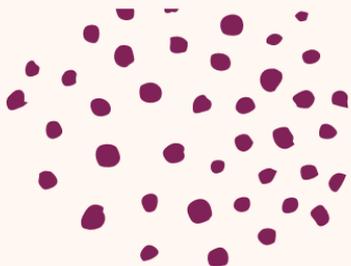
__Isaiah 61:7



“

Isn't it nice
to think that
tomorrow is
a new day
with no
mistakes in
it yet?

L, M, MONTGOMERY



#DECLAREIT 19

I AM A WOMAN. I AM A TREASURE!

My creator purposely endows me with skills and gifts for the benefits of humanity, and I'm no longer holding back.



“Look, I have specifically chosen Bezalel son of Uri, grandson of Hur, of the tribe of Judah. I have filled him with the Spirit of God, giving him great wisdom, ability, and expertise in all kinds of crafts. He is a master craftsman, expert in working with gold, silver, and bronze. He is skilled in engraving and mounting gemstones and in carving wood. He is a master at every craft!

__Exodus 31:3-5

#DECLAREIT 20

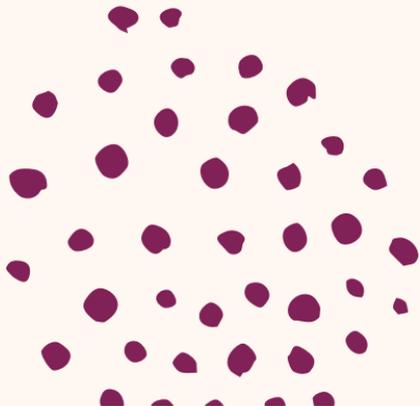
I AM A WOMAN. I AM A TREASURE!

I will not allow my feelings or other people's opinions of me to stand in the way of my progress.



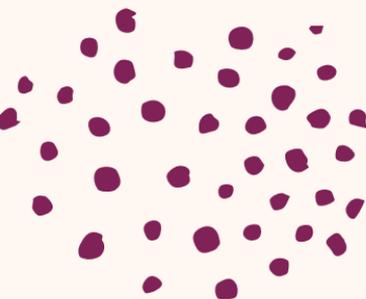
For the Spirit that God has given us does not make us timid; instead, his Spirit fills us with power, love, and self-control.

2 Timothy 1:7



“
The
beginning is
always
today.”

MARY SHELLEY



#DECLAREIT 21

I AM A WOMAN. I AM A TREASURE!

My pursuit and my strategy to fulfill my destiny may not be conventional or appealing, but that is how God wants me to do it, and I'm committed to doing it that way.



I cry out to God Most High, to God who will fulfill his purpose for me.

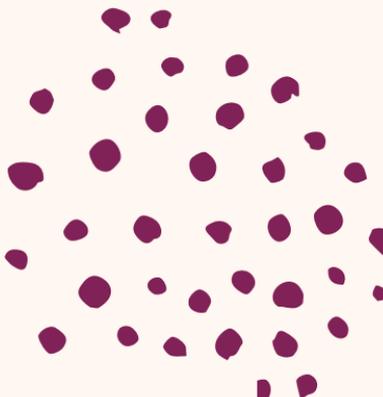
__ Psalm 57:2

#DECLAREIT 22

I AM A WOMAN. I AM A TREASURE!

**I am willing and ready to commit, and invest
in my destiny, popular or unpopular,
appreciated or unappreciated, encouraged
or discouraged, misunderstood, or
understood; I'm soaring!**

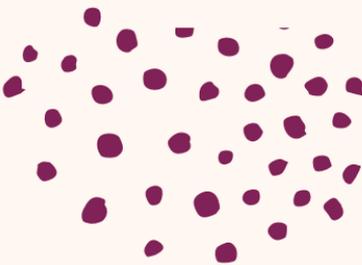




“

The man who
leaves you is
simply
clearing the
way for the
one you
deserve.

NAIDE P. OBIANG



#DECLAREIT 23

I AM WOMAN. I AM TREASURE!

Sometimes I find myself between a rock and a hard place; I will not allow fear to take over me. For God did not give me a spirit of timidity -of cowardice, of craven and cringing and fawning fear, but He has given me a spirit of POWER and LOVE and CALM and WELL-BALANCED mind and DISCIPLINE and SELF-CONTROL.

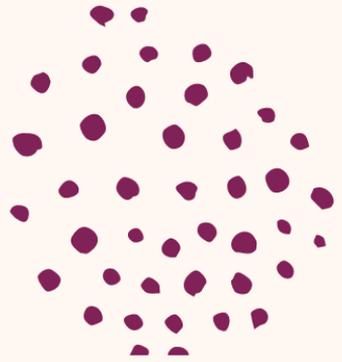


#DECLAREIT 24

I AM A WOMAN. I AM A TREASURE!

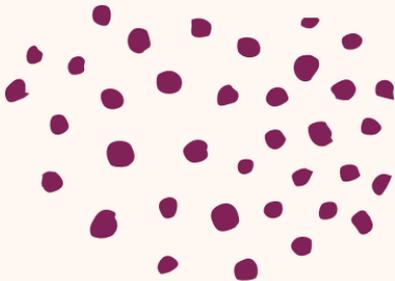
No matter the situation confronting me to stop me, I'm not giving in. I have the boldness and the confidence to go out, to correct my errors, and walk-in my God's ordained destiny.





“
Some
beautiful
paths can't
be discovered
without
getting lost.”

EROL OZAN



#DECLAREIT 25

I AM A WOMAN. I AM A TREASURE!

I'm armed with the faith and not fear to step out to become all that God has ordained me to be and not confined by my unfortunate circumstances.



Jesus said to him, “What do you mean ‘if’? If you are able to believe, all things are possible to the believer.”

__Marks 9:23

#DECLATREIT 26

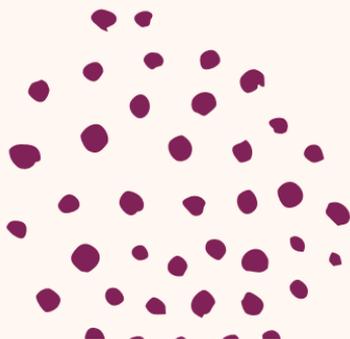
I AM A WOMAN. I AM A TREASURE!

I refuse to allow my failure to entrap me. I see it as an opportunity to attempt something new as demonstrations, lectures, speeches, mentoring, coaching, and more.



My fellow believers, when it seems as though you are facing nothing but difficulties see it as an invaluable opportunity to experience the greatest joy that you can! For you know that when your faith is tested[a] it stirs up power within you to endure all things. And then as your endurance grows even stronger it will release perfection into every part of your being until there is nothing missing and nothing lacking

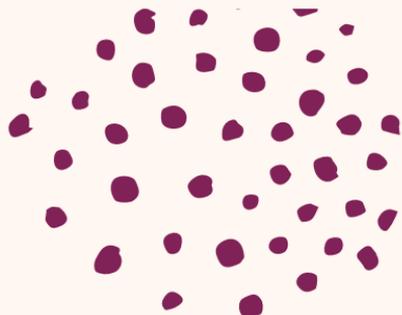
__James 1: 2-4



“

Yes I'm
seeking for
someone to
help me, so
that someday
I will be the
someone to
help some
other than
me.

VIGNESH KARTHI



#DECLAREIT 27

I AM A WOMAN. I AM A TREASURE!

I work with other women- helping, and motivating them to rise and occupy their positions in destiny, rather than pulling them down.



Be free from pride-filled opinions, for they will only harm your cherished unity. Don't allow self-promotion to hide in your hearts, but in authentic humility put others first and view others as more important than yourselves.

-- Phillipians 2:3

#DECLAREIT 28

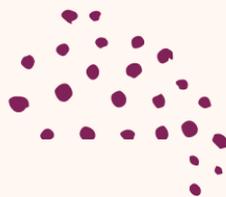
I AM A WOMAN. I AM A TREASURE!

My ugly circumstances may make me think it's over, but I have this unshakable confidence to continue to make a move towards my destiny. Bottom line-- I'm not giving up!



And he also says, "My righteous ones will live from my faith. [b] But if fear holds them back, my soul is not content with them!

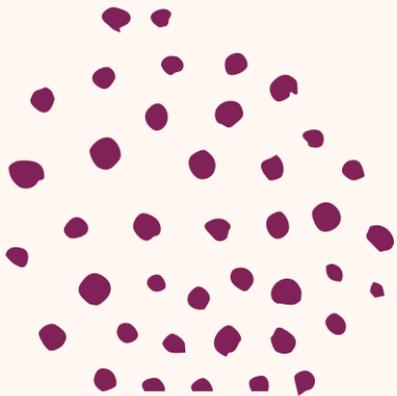
-- Hebrews 10:38



“
Faith in
small things
has a
repercussion
s that ripple
all the way
out . In a
huge, dark
room, a little
match can
light up the
place.

JONI EARECKSON TADA

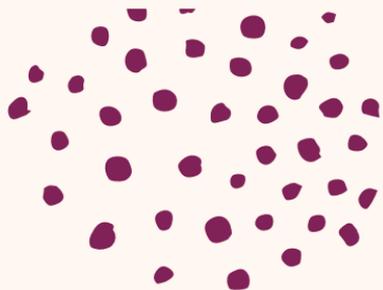




“

One can
never
consent to
creep when
one feels an
impulse to
soar.

HELEN KELLER



#DECLAREIT 29

I AM A WOMAN. I AM A TREASURE!

I cannot allow anyone or anything to hold me back anymore, not my age, gender, or race.



And don't be intimidated by those who are older than you; simply be the example they need to see by being faithful and true in all that you do. Speak the truth[a] and live a life of purity and authentic love as you remain strong in your faith.

-- 1 Timothy 4:12

#DECLAREIT 30

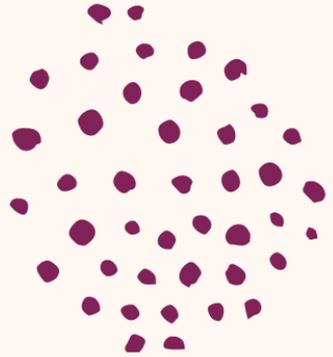
I AM A WOMAN. I AM A TREASURE!

It's time to free my mind off negative thoughts and fill it with productive and progressive ideas that births hope and satisfaction.



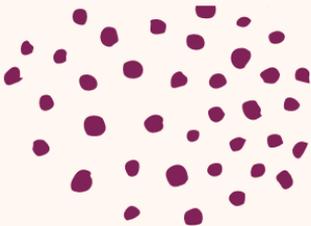
So keep your thoughts continually fixed on all that is authentic and real, honorable and admirable, beautiful and respectful, pure and holy, merciful and kind. And fasten your thoughts on every glorious work of God,praising him always.

__Philippians 4:8



“
Compare
yourself only
to who you
were
yesterday. Be
Your own
competition

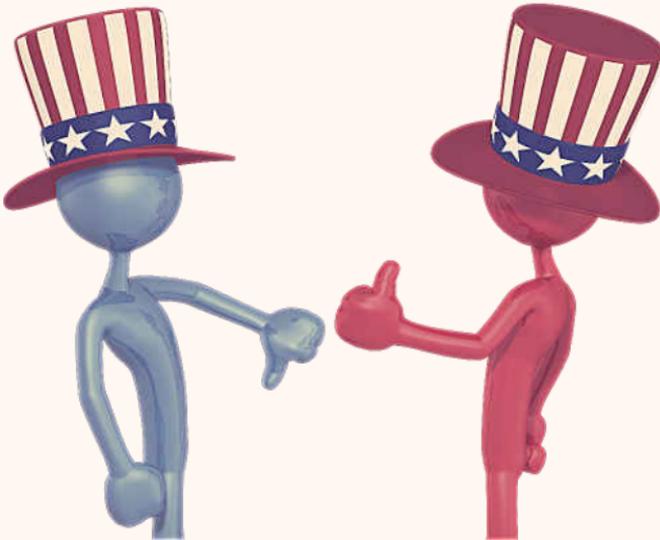
ANONYMOUS



#DECLAREIT 31

I AM A WOMAN. I AM A TREASURE!

My future depends solely on God's plans and purposes for me and not on the opinions of men.



I alone know the plans I have for you, plans to bring you prosperity and not disaster, plans to bring about the future you hope for.

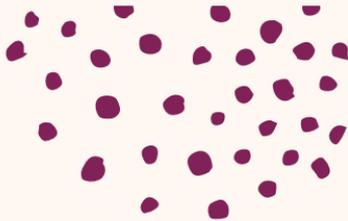
-- Jeremiah 29:11

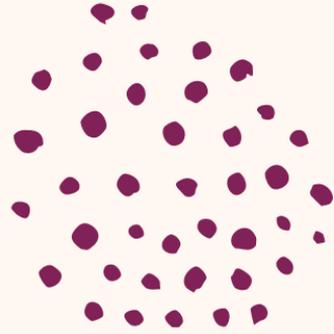


“

I raise up my
voice -not so
that I can
shout, but so
that those
without
voice can be
heard.

MALALA YOUSAFI

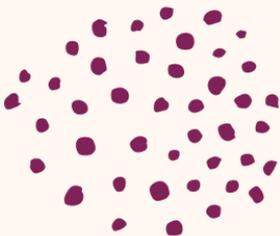




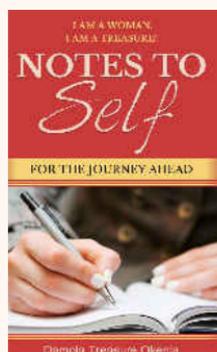
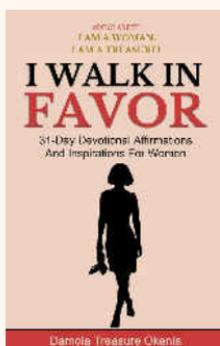
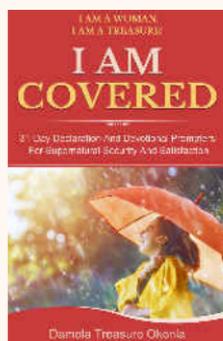
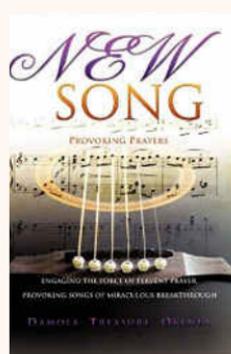
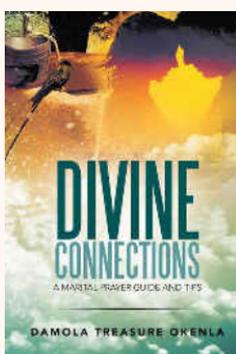
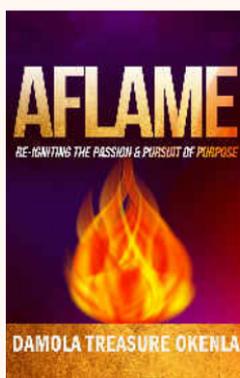
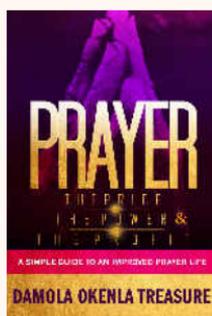
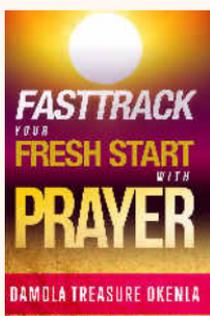
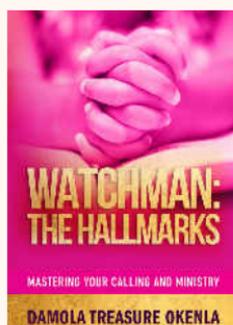
“

If you want
something
said, ask a
man; if you
want
something
done, ask a
woman.

MARGARET THATCHER



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<https://www.damolatreasureokenla.com/books-by-damola/>

WHO AM I?



I am Damola Treasure Okenla (DTO). I am on a mission to help women to unwrap their hidden potentials buried under traumas and trials; repurposing their pain to profit having done the same.

MORE ABOUT DAMOLA

As an award-winning author of several Christian books and a highly sought-after inspirational speaker, Damola Treasure Okenla is dedicated to uplifting others mentally, spiritually and emotionally. For more than ten years, she has partnered with individuals and groups to inspire and motivate others to live the life God intended for them to live—assisting them in rebuilding and recovering from losses and setbacks in life. As the president and founder of Life Encounters, Inc., a non-profit organization that is dedicated to self-discovery and recovery.

Damola facilitates seminars, workshops and retreats to usher others into purpose fulfillment. Her organization, like her books, is a small reflection of her passion and mission for the advocacy of spiritual freedom and empowerment. Damola serves as the president and founder of Hilltop Publishing, where she assists Christian authors with publishing and social media management for their book projects—positioning them for excellence in the marketplace. Apart from ministry, Damola works as an accountant and project manager, and holds a Master's in Public Administration. More than anything, Damola is on a mission to help others discover their true potential, live a life of purpose, and earn a profit while doing it. For more information or bookings, visit www.damolatreasureokenla.com or call 800.767.0728.

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